

LOIS TRADER



biography

Embarking On The Journey Of Being A Caregiver For My Mother During Her Battle With Dementia Was An Extraordinary Test Of Strength, Patience, And Resilience. The First Week of My Mom moving into my home, my twin brother died suddenly of a stroke. That was another chip in losing her. As Her Perception Changed, The Shifting Dynamics Of Our Relationships became Emotionally Intricate And Challenging To Navigate. Every Breath And Decision I Made During These Six Years Bore The Weight Of This Profound Experience. Following My Mother's Passing And The Eventual Easing Of Guilt And Emotional Burden, I Found Solace And Healing Through The Creation Of Art. The Process Of Caregiving Had Taken A Toll On Me, And In The Aftermath, I Turned To 3D Art As A Form Of Self-Reflection And Recovery. This Artistic Venture Began After 11/5/2022, A Pivotal Moment Marking My

Mother's Departure. My 3D Art Pieces Materialized Organically Without Formal Training, Allowing My Emotions To Guide The Creative Process. Each Artwork Springs To Life Through Numerous Attempts And Manipulations, Capturing The Essence Of My Journey. Only When I Mustered The Courage To Share My Work With A Local Artist, Who Later Became A Friend And Mentor, Did I Step Outside My Comfort Zone And Submit My Art To Various Local Shows. I Now Present These Pieces As A Visual Testament To The Transformative Power Of Art In The Face Of Adversity. I Hope These Creations Resonate With Others, Offering A Glimpse Into The Complex Emotions Of Caregiving, Self-Discovery, And The Profound Impact Of Loss.

artistic statement

My Art Channels Deep Emotions—Fears, Anxieties, Secrets, And Hope. Emotional Dimensions in 3D: Navigating Dementia, Confronting Fear, and the Full Spectrum of Compassion Inviting Reflection.

social/web contacts

See more of Lois' art at: Instagram @loistraderart | Facebook loistraderart | Web loistraderart.com



"Oh No" mixed media, 10in x 8in x 3in, 2023, \$85

This art piece represents that feeling when you see or hear something you don't want to know about.



"Broken Hearted" Mixed Media, 45in x 11in x 9in, 2024, \$525
He is a very sad man, knowing his heart disease will be taking his life. I made him in honor of my father who died very young from heart disease.